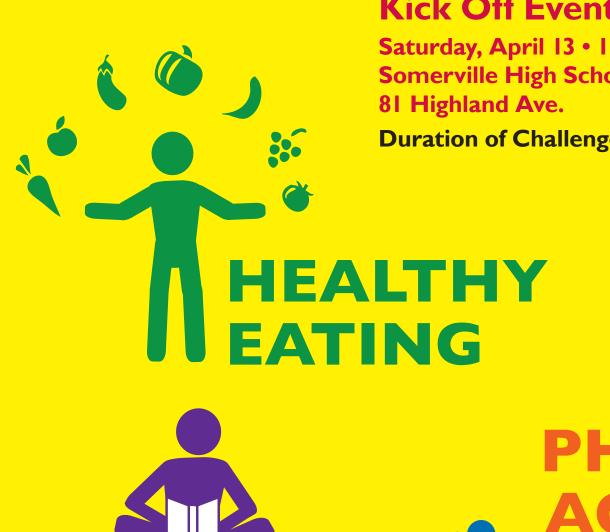
MAYOR'S FITNESS CHALLENGE



Kick Off Event & Registration:

Saturday, April 13 • 11 am to 3 pm Somerville High School Gym & Atrium

Duration of Challenge April 13-June 20, 2013



EALTH

ACTIVITIES FOR THE EVENT

Music & Family Friendly Activities

WELLNESS

- Fitness Demonstrations
- Silver Spoon Award- Food Trucks with Healthy Options Competition
- Health & Fitness Fair

For more information visit: www.somervillema.gov or contact 311

- Join a Fitness Challenge Team
- Create a Fitness Pledge with Your Personal Wellness Goals
- Receive a Free Fitness Bag





